

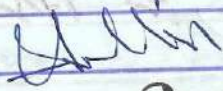

Board of Studies Meeting

Date: 08/01/2021

Time: 10:30 AM

Venue: Conference Hall

Members present

| Names | Signature |
|------------------------|---|
| Dr. Madialagan |  |
| Ms. Peria Nayagammal.s |  |

Agenda:

Introducing SEC paper on Sports and Fitness, from the Department of Physical Education

Decision & Minutes

- The Board Resolved to introduce Sports and Fitness as Skill Enhancement Course in the Department of Physical Education.

2. The Board Resolved the LTP pattern as lecture 01 credit and Tutorial as 01 credit. The Total Hours per event is Lecture - 01 hour and Tutorial 02 Hours total 03 Hours per week.

3. The Board Resolved The Internal Assessment (IA) as follows.

a) Demonstrations of skills. - 10 marks

b) Assignment - 10 marks.

Total 20 marks (IA)

(However ~~the~~ ^{for} Internal Assessment they students go for skill demonstration)

4. Question paper Model (max: 30 marks)
Time: 2 hrs.

part 'A' - short notes.
Q.1 write any five of the following.

part 'B' -

a)

b)

c)

d)

e)

f)

g)

2 x 5 = 10

2002-2003

part 'B' Essay Type

Write any four of the following.

Q. 2

4x5 : 20m.

Q. 3

Q. 4

Q. 5

Q. 6

2022-2023

Board of Studies Meeting - NO: 01

Date : 13/12/2022

Time : 3.00pm

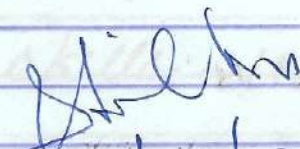
Venue : Chapel Hall No: 01

Members Present

Names

Signature

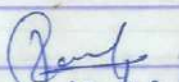
1) Prof. S. Mathalegan,
Chairman,
D.D. in Physical Education
& Sports Science, UMS
Mysore.


13/12/22

2) Anitha Mary Mages
Physical Education Director
Teresian College
Siddharthnagar,
Mysore - 11 9900104384


13/12/22

3) Ms. Peria Nayagammal S
Physical Education Director
St. Philomena's College.
Sannimastap.
Mysore


13/12/22

G. Venkatesh

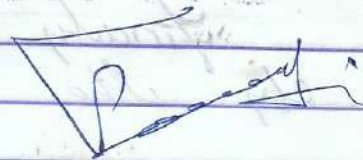
Yoga & PE (HOD)

9343034918

G.S.Y.F. # 233, 7th Cross

Kesara, 3rd Stage

Mysore 570007



Swaroop Pal.

Partner - SHARMA SPORTS

Opp Anusha Temple

M Block

Kuvempunagar, Mysore - 570023

Ph: 9886449040



Agenda:

- 1) Introducing of NEP, physical Education for the year 2022-2023
 - Health, wellness & yoga -
 - Sports.

proceeding:

The meeting started with welcoming all the Board of members.

1) The Board Resolved to Follow as per the Guidelines prescribed by the University of Mysore.

2) st Syllabus & Evaluation will be followed

2021-2023

by the Government of Karnataka.

Finally the meeting will be concluded by the vote of Thanks by Peria.

3

Board of Studies BOS Meeting

YOGA & Health.

Date 08.01.2021

Time 10.30 Am

Venue Conference Hall

Member Present

Name

G. Venkath.

Signature

Agenda.

Introducing Paper on YOGA & HEALTH

Decision

- 1) YOGA & Health to be introduced as Skill Enhance mat course.
- 2) Teaching hour per week with the theory and 2 hrs Practical/Skill development.
- 3) Examination Scheme include both Theory and practical

Theory

Exam duration - 2 Hour

Theory MAX MARKS 50

Practical / skill Text + Pr Record - 20

(4) Internal Assessment

Demonstration of 'Skills' - 10 marks

Assignment - 10 marks

Total 20 marks

(5) Question Paper - Pattern Duration 2h
Max marks 30

(6) Teaching Hours per week (16 weeks)

Theory

practical / skill Development

no of credits 02

(7) IA Components Theory

IA Test, Home Assignment.

Quiz / viva / Presentation.

Attendance.


10/11/2021