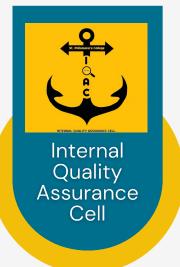


St. Philomena's College (Autonomous)

ISO 17020 Certified Institution Bannimantap, Mysore - 570015





Educator Recharge: Integrating Wellness, Andragogy & Technology

30.06.2025 to 05.07.2025

Invitation



Inauguration Rev. Dr. Lourdu Prasad Joseph Rector

> Presence Dr. Ravi J.D. Saldanha Principal

Rev. Fr. Gnana Pragasam Administrator

Rev. Fr. David Sagayaraj S Assistant to Rector

Mr. M. Nagaraj Urs Vice Principal (Academic)

Mr. Ronald Prakash Cutinha Vice Principal (Administration)

30. 06. 2025 02:00 p.m. College Auditorium

PROGRAMME

DAY 1 30 JUNE 2025 02 PM-4:30 PM

"Motivation Skills for Educators"

Mrs. Sadhana A Pote KAS
Joint Director (Training),
Administrative Training Institute (ATI)
Mysore



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"Stress Management for Academic Professionals"

DAY 2 01 JULY 2025 02 PM-4:30 PM

Prof. D. Parashivamurthy Assistant Professor of Commerce, Government First Grade College, Hullahalli, Mysore



DAY 3 02 JULY 2025 02 PM-4:30 PM

"OBE – Revisiting the core tenets"
Dr. N. Mohan
Associate Professor
Department of Electrical & Electronics Engineering
JSS Science and Technology University, Mysore



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"Al Tools for Enhanced Teaching and Learning"

DAY 4 03 JULY 2025 02 PM-4:30 PM Rev. Fr. Teji K Thomas Assistant Professor of Malayalam Christ College (Autonomous) Irinjalakuda, Thrissur



DAY 5

04 JULY 2025 02 PM-4:30 PM "Unlocking Teaching Excellence: Planning, Preparation and Etiquettes"

Dr. T.V. Somashekar
Assistant Professor
Department of Education
Regional Institute of Education (RIE), Mysore



"Essential Soft Skills for Educators"

DAY 6 05 JULY 2025 02 PM TO 4:30 PM Mr. Emmanuel Massey L&D Consultant, Corporate, Soft & Life Skills Trainer EM Academy, Mysore





Programme Overview

This 6-day Faculty Development Programme is meticulously designed for teachers at Higher Educational Institutions, focusing on enhancing androgogical skills, fostering personal well-being, and integrating cutting-edge AI tools into the teaching-learning process. The FDP aims to equip educators with the necessary motivation, stress management techniques, outcome-based education (OBE) expertise, proficiency in AI tools, and essential soft skills to excel in the dynamic landscape of undergraduate education.

Programme Objectives

Upon successful completion of this FDP, participants will be able to:

- Enhance their intrinsic motivation and foster a positive teaching environment.
- Develop effective strategies for managing stress and maintaining work-life balance.
- Comprehend and implement Outcome-Based Education (OBE) principles in curriculum design and assessment.
- Utilize various Al tools to innovate teaching methodologies, enhance student engagement, and streamline administrative tasks.
- Improve their interpersonal and professional communication skills, crucial for effective classroom management and professional growth.

Programme Takeaways

- Gain practical insights and strategies from an experienced resource community.
- Network with fellow educators and share best practices.
- Enhance your teaching effectiveness and professional growth.
- Receive a Certificate of Participation upon successful completion.

Advisory Committee

Rev. Dr. Lourdu Prasad Joseph - Rector

Rev. Fr. Jnana Pragasam - Administrator

Rev. Fr. David Sagayaraj S. - Assistant to Rector

Dr. Ravi JD Saldanha - Principal

Mr. M. Nagaraj Urs - Vice Principal (Academic)

Mr. Ronald Prakash Cutinha - Vice Principal (Admin)

Mr. A. Thomas Gunaseelan - IQAC Coordinator

Dr. Reena Francis - Controller of Examinations

Dr. Noor Mubasheer C.A. - PG Coordinator

Dr. Sunil D' Souza - ICT Coordinator

Ms. Agnes Sylvia D'Souza - Dean of Sciences

Mr. Sadebose A.T. - Dean of Languages

Dr. Praveen Saldanha - Dean of Arts

Ms. Lydia Anjali - UUCMS Coordinator

Organizing Committee

Dr. Deepa V. - IQAC Co-Coordinator

Ms. Neena P.K. - Academic Co-Coordinator

Mr. Sandesh D' Souza - Asst. Prof. of Commerce

Dr. Asha M.S. - Associate Prof. of Chemistry

Mr. William Joseph J. - Head, Dept. of English

Ms. Shruthi Menezes - Head, Dept. of Maths

Ms. Arshiya Khanum - Asst. Professor of BBA

Mr. Babu P. - Asst. Professor of Malayalam

Mr. Bharatha K. - Asst. Professor of Mathematics

Dr. Felan Amal - Asst. Professor of Physics

Dr. Shivakumar A. - Asst. Professor of Chemistry

Dr. Zabiulla - Asst. Professor of Chemistry

Ms. Mirium Precilla - IQAC Office