



St. Philomena's College (Autonomous)

ISO 17020 Certified Institution
Bannimantap, Mysore - 570015



6-day Faculty Development Programme on

Educator Recharge: Integrating Wellness, Andragogy & Technology

30.06.2025 to 05.07.2025

Invitation



Inauguration
Rev. Dr. Lourdu Prasad Joseph
Rector

Presence
Dr. Ravi J.D. Saldanha
Principal

Rev. Fr. Gnana Pragasam
Administrator

Rev. Fr. David Sagayaraj S
Assistant to Rector

Mr. M. Nagaraj Urs
Vice Principal (Academic)

Mr. Ronald Prakash Cutinha
Vice Principal (Administration)

30. 06. 2025
02:00 p.m.

College
Auditorium

Dr. Deepa V.
Co-Coordinator - IQAC

Mr. A. Thomas Gunaseelan
Coordinator - IQAC

PROGRAMME

DAY 1

30 JUNE 2025
02 PM-4:30 PM

“Motivation Skills for Educators”

Mrs. Sadhana A Pote KAS
Joint Director (Training),
Administrative Training Institute (ATI)
Mysore



“Stress Management for Academic Professionals”

DAY 2

01 JULY 2025
02 PM-4:30 PM

Prof. D. Parashivamurthy
Assistant Professor of Commerce,
Government First Grade College,
Hullahalli, Mysore



“OBE – Revisiting the core tenets”

DAY 3

02 JULY 2025
02 PM-4:30 PM

Dr. N. Mohan
Associate Professor
Department of Electrical & Electronics Engineering
JSS Science and Technology University, Mysore



“AI Tools for Enhanced Teaching and Learning”

DAY 4

03 JULY 2025
02 PM-4:30 PM

Rev. Fr. Teji K Thomas
Assistant Professor of Malayalam
Christ College (Autonomous)
Irinjalakuda, Thrissur



“Unlocking Teaching Excellence: Planning, Preparation and Etiquettes”

DAY 5

04 JULY 2025
02 PM-4:30 PM

Dr. T.V. Somashekar
Assistant Professor
Department of Education
Regional Institute of Education (RIE), Mysore



“Essential Soft Skills for Educators”

DAY 6

05 JULY 2025
02 PM TO 4:30 PM

Mr. Emmanuel Massey
L&D Consultant, Corporate,
Soft & Life Skills Trainer
EM Academy, Mysore



Programme Overview

This 6-day Faculty Development Programme is meticulously designed for teachers at Higher Educational Institutions, focusing on enhancing androgogical skills, fostering personal well-being, and integrating cutting-edge AI tools into the teaching-learning process. The FDP aims to equip educators with the necessary motivation, stress management techniques, outcome-based education (OBE) expertise, proficiency in AI tools, and essential soft skills to excel in the dynamic landscape of undergraduate education.

Programme Objectives

Upon successful completion of this FDP, participants will be able to:

- Enhance their intrinsic motivation and foster a positive teaching environment.
- Develop effective strategies for managing stress and maintaining work-life balance.
- Comprehend and implement Outcome-Based Education (OBE) principles in curriculum design and assessment.
- Utilize various AI tools to innovate teaching methodologies, enhance student engagement, and streamline administrative tasks.
- Improve their interpersonal and professional communication skills, crucial for effective classroom management and professional growth.

Programme Takeaways

- Gain practical insights and strategies from an experienced resource community.
- Network with fellow educators and share best practices.
- Enhance your teaching effectiveness and professional growth.
- Receive a Certificate of Participation upon successful completion.

Advisory Committee

Rev. Dr. Lourdu Prasad Joseph - Rector
Rev. Fr. Jnana Pragasam - Administrator
Rev. Fr. David Sagayaraj S. - Assistant to Rector
Dr. Ravi JD Saldanha - Principal
Mr. M. Nagaraj Urs - Vice Principal (Academic)
Mr. Ronald Prakash Cutinha - Vice Principal (Admin)
Mr. A. Thomas Gunaseelan - IQAC Coordinator
Dr. Reena Francis - Controller of Examinations
Dr. Noor Mubasheer C.A. - PG Coordinator
Dr. Sunil D' Souza - ICT Coordinator
Ms. Agnes Sylvia D'Souza - Dean of Sciences
Mr. Sadebose A.T. - Dean of Languages
Dr. Praveen Saldanha - Dean of Arts
Ms. Lydia Anjali - UUCMS Coordinator

Organizing Committee

Dr. Deepa V. - IQAC Co-Coordinator
Ms. Neena P.K. - Academic Co-Coordinator
Mr. Sandesh D' Souza - Asst. Prof. of Commerce
Dr. Asha M.S. - Associate Prof. of Chemistry
Mr. William Joseph J. - Head, Dept. of English
Ms. Shruthi Menezes - Head, Dept. of Maths
Ms. Arshiya Khanum - Asst. Professor of BBA
Mr. Babu P. - Asst. Professor of Malayalam
Mr. Bharatha K. - Asst. Professor of Mathematics
Dr. Felan Amal - Asst. Professor of Physics
Dr. Shivakumar A. - Asst. Professor of Chemistry
Dr. Zabiulla - Asst. Professor of Chemistry
Ms. Mirium Precilla - IQAC Office