



REPORT ON ANNUAL ATHLETIC MEET 2026

Event	Annual Athletic Meet 2026
Date	17 th February 2026
Place	Football Grounds, St. Philomena's College
Chief Guest	Dr. T. Ruth Shanta Kumari, Former Principal, St. Philomena's College, Mysore
No. of Events held	13 athletic events for both men and women.

The Annual Athletic Meet of St. Philomena's College (Autonomous), Mysuru, organized by the Department of Physical Education, was held on 17 February 2026. The event witnessed active participation from students enrolled in various undergraduate programmes and post graduate programmes including MBA & MCA demonstrated commendable sporting ability, discipline, and sportsmanship.

The primary objectives of the meet were to promote physical fitness among students, strengthen team coordination, develop athletic skills, and contribute to holistic

personality development. The programme was structured to encourage participation, competitive spirit, and adherence to fair-play principles. This event served as an institutional platform that facilitated both physical well-being and mental resilience among students, aligning with the broader educational goal of comprehensive student development.



Inauguration

The NCC cadets escorted the esteemed Chief Guest and other dignitaries to the football grounds, accompanied by the St. Joseph School Band. The programme commenced with an invocation rendered by Mr. Mohit and his team,



invoking divine blessings through a devotional hymn.

Dr. T. Ruth Shanta Kumari, Former Principal of St. Philomena's College, Mysuru, and the Chief Guest of the event, formally inaugurated the meet by hoisting the College Flag, symbolizing unity and the spirit of healthy competition.

This was followed by the March Past, in which undergraduate students participated with enthusiasm and discipline. A total of 35 teams took part in the event, all competing for the overall championship trophy.

Miss Shiny R., Assistant Professor, Department of Zoology, presented and introduced the contingents to the Chief Guest and other dignitaries.



The



Oath Administration

The Sports Pledge was administered by Rev. Dr. Lourdu Prasad Joseph, Rector and Manager, in the presence of the flag bearers, inspiring the athletes to uphold the ideals of discipline, fairness, integrity, and true sportsmanship. The Parade of the Philomenites reflected unity, discipline, and institutional pride.

The ceremonial ignition of the Sports Torch symbolized dedication and perseverance. The torch was carried by distinguished student athletes of the college:

- | | |
|---------------------------------|---|
| Mr. Yasir Shariff - | National Gold Medallist (MMA) |
| Mr. Jayanth C - | winner of two gold medals at the 32nd National Level Karate Championship 2025 |
| Ms. Keerthana Singh R L- | South Zone Inter-University Badminton participant |
| Mr. Ullas P - | South Zone, University and Junior National Handball player. |

The relay culminated in the lighting of the cauldron by the Philos Sports Icon, thereby officially declaring the Meet open.



Chief Guest Address

Dr. T. Ruth Shanta Kumari, the Chief Guest, emphasized the importance of holistic development, stating that physical strength is needed for overall growth. She highlighted that sports shape character, discipline, and life skills, helping students develop clarity of vision and aspiration in life.



She remarked that every participant is a winner, as participation itself reflects courage, effort, and commitment. She encouraged students to focus on effort and contribution rather than only results, noting that sincerity and dedication always add value to one's personality.

In her address, the Chief Guest emphasized the importance of valuing the process of participation over the outcome, noting that the journey of preparation and effort cultivates resilience and self-worth. She highlighted that sports instill the ability to accept failure with dignity and success with humility. Further, she observed that education extends beyond books and marks, underscoring the equal significance of physical well-being. She stated that when students actively engage in sports, cultural activities, and academics together, they develop into healthy, confident, and well-balanced individuals, thereby achieving true holistic development.

Concluding her address, she wished all the participants the very best and urged them to enjoy victory gracefully and accept defeat with dignity, carrying the spirit of sportsmanship into every aspect of life.



Prize Distribution

St. Philomena's College is committed to promoting excellence in sports and nurturing the emerging talents of its students. In keeping with this tradition, the College annually recognizes and honor's outstanding performers and achievers. Accordingly, the



Prize Distribution Ceremony was held at 9:50 a.m., during which Dr. Deepa V., Assistant Professor, Department of BBA, announced the names of student achievers who excelled at the University level. The achievers were felicitated by the Chief Guest and dignitaries, acknowledging their excellence and commitment to sports.

Sports Achievements 2025-26

Mysore City – Intercollegiate Tournaments 2025-26

Tournament	Name of the Student	Event / Date	Achievements
Mysore University Inter-Collegiate Competitions 2025-26	Aseem Minj (SL240650)	800 meters 6 Oct 2025	2 nd Place
Mysore University Inter-Collegiate Competitions 2025-26	Ananda Britto S (SM240001) Jhonson Galbawo (SL240676) Aseem Minj (SL240650) Paul Jayaraj M (SI240719)	4x400 meters Relay 6 Oct 2025	3 rd Place
Mysore City Inter-Collegiate Tournaments 2025-26	Syed Hameed Yousuf (SB240296)	Boxing-Men (51-54 kg) 18 Oct 2025	3 rd Place
Mysore City Inter-Collegiate Tournaments 2025-26	Aqeebulla Sharife (SB240264)	Boxing-Men (51-54 kg) 18 Oct 2025	2 nd Place
Mysore City Inter-Collegiate Tournaments 2025-26	Alfad Sharif (SP240529)	Kick Boxing-Men Low Kick (63.5 kg) 19 Oct 2025	3 rd Place

Mysore City Inter-Collegiate Tournaments 2025-26	Keerthana S (SP240529)	Kick Boxing-Women Low Kick (70 kg) – 19 Oct 2025	2 nd Place
Mysore City Inter-Collegiate Tournaments 2025-26	Philomen Raj & Team	Football Tournament 14 to 16 Oct 2025	2 nd Place
Mysore City Inter-Collegiate Tournaments 2025-26	Ullas P & Team	Hand Ball Tournament 24 & 25 Oct 2025	2 nd Place

Performance in Sports Activities 2025-26

Inter University/State/National Level

Tournament	Name of the Student	Event / Date	Achievements
South Zone Inter University Cricket Tournament	Daniel J (SN230415)	26 Jan 2026 to 06 Feb 2026	Participated
Mysore University Inter-Collegiate Competitions	Jayanth C (SL230661)	Kickboxing Point Fight +84kg - Oct 2025	1 st Place
Mysore University Inter-Collegiate Competitions	Jayanth C (SL230661)	Karate Kata – Oct 2025	2 nd Place
Mysore University Inter-Collegiate Competitions	Jayanth C (SL230661)	Karate Kumite +84kg – Oct 2025	1 st Place
32nd National Level Karate Championship	Jayanth C (SL230661)	Senior Kata – Nov 2025	Gold
Mysore University Inter-Collegiate Competitions	Jayanth C (SL230661)	Karate Kumite +84kg – 9 th Oct 2025	3 rd Place
Mysore City Inter-Collegiate Tournaments	Yaseer Shariff (SB240304)	Boxing Men – 18 Oct 2025	2 nd Place
17th Karnataka Kickboxing Championship	Yaseer Shariff (SB240304)	Senior Category 77kg – Jun 2025	Gold
Mysore University Inter-Collegiate Competitions 2025-26	Hiba Mariyam K H (MPS250758)	Yogasana Women – 3-4 Oct 2025	2 nd Place
50th Golden Jubilee Senior National Yoga Sports Championship	Hiba Mariyam K H (MPS250758)	Artistic Solo Female – 9-12 Oct 2025	Silver
50th Golden Jubilee Senior National Yoga Sports Championship	Hiba Mariyam K H (MPS250758)	Free Flow Yoga – 9-12 Oct 2025	Gold

50th Golden Jubilee Senior National Yoga Sports Championship	Hiba Mariyam K H (MPS250758)	Senior Rhythmic Yoga – 9-12 Oct 2025	Silver
All India Inter University Yoga Women Championship	Hiba Mariyam K H (MPS250758)	05-01-2026 to 09-01-2026	4 th Rank
Mysore City Inter-Collegiate Tournaments 2025-26	Shamith P (SN250544)	Boxing Men – 18 Oct 2025	2 nd Place
Mysore City Inter-Collegiate Tournaments 2025-26	Shamith P (SN250544)	Kick Boxing Men – 19 Oct 2025	3 rd Place
Karnataka Kreedakoota State Level	Shamith P (SN250544)	Boxing – Jan 2026	3 rd Place
2nd Inter State Muay Thai Championship	Al Fahad Shariff (SP240529)	26 Oct 2025	Gold
3rd State Level Muay Thai Championship	Al Fahad Shariff (SP240529)	7-8 Feb 2026	Gold
South East Zone Inter University Football Tournament	Philomin Raj (SN230440)	05-01-2026 to 09-01-2026	Participated
South East Zone Inter University Football Tournament	Sinan (SB240248)	05-01-2026 to 09-01-2026	Participated
South Zone Inter University Badminton Women	Keerthana Singh R (SB230280)	06-01-2026 to 09-01-2026	Participated
47th Junior Boys National Handball Championship	Pavan N (SN250527)	10-14 Jan 2026	Participated
47th Junior Boys National Handball Championship	Deekshith (SL250804)	10-14 Jan 2026	Participated
46th Junior Boys National Handball Championship	Ullas P (SN240529)	26-30 March 2025	Participated



March past winners

Following the prize distribution ceremony, the results of the March Past which were keenly awaited by the students were announced. The outcomes of the *Parade of the Philomenites* were formally declared by Rev. Fr. Gnana Pragasam, Campus Administrator. The winners for the year 2026 are;

Position	Placard No	Rolling Trophy Sponsored by
1 st	Placard No. 10 (115/120) Life Science 1 st Year	Mr. Vidyadhar Sanjay Nair, Former Vice Principal and Sports Secretary
2 nd	Placard No. 19 (114/120) Life Sciences – 2 nd & 3 rd year combined	Sponsored by Dr. Ravi J. D. Saldanha, Principal
3 rd	Placard No. 31 (113/120) – 2 nd Year MBA	Sponsored by Mr. R. Britto Dominic Rayan, Former Controller of Examinations and Dean of Science



The event saw the presence Rev. Dr. Lourdu Prasad Joseph, Rector & Manager, St Philomena's Educational Institutions, Rev. Fr. Gnana Pragasam, Campus Administrator, Rev. Fr. David Sagayaraj S, Assistant to Rector, Dr. Ravi J D Saldanha, Principal, Mr. Ronald Prakash Cutinah, Vice Principal, Mr. Thomas A Gunaseelan, IQAC Coordinator, Dr. Reena Francis, Controller of Examination, Ms. Peria Nayagammal S, Physical Education Director. William Joseph J, Sports Secretary, teaching, non-teaching faculty and most importantly at the heart of the event students from across disciplines were present making event a roaring success.

Sporting Events

After the formal segment of the event concluded, students engaged in a diverse range of competitions including track and field events, featuring a series of athletic competitions for both boys and girls.

Sl. No	Events Conducted	Boys	Girls
1.	100 meters	✓	✓
2.	200 meters	✓	✓
3.	400 meters	✓	✓
4.	800 meters	✓	✓
5.	1500 meters	✓	✓
6.	3000 meters	✓	-
7.	Long Jump	✓	✓
8.	High Jump	✓	✓
9.	Triple Jump	✓	-
10.	Shot Put	✓	✓
11.	Discus Throw	✓	✓
12.	Javelin	✓	✓
13.	4x100 meters Relay	✓	✓





Roles & Responsibility

Sl. No	Particulars	Name & Designation
1	Master of the Ceremony	Ms. Priyanka Olivera, Asst. Prof., Dept. of BBA
2	Invocation	Mr. Mohit and team
3	Welcome Address	Ms. Suvaiba Hanzala, Student, Dept. of BCA
4	Introduction of the Chief Guest	Ms. Shiny R., Asst. Prof, Department of Zoology
5	Parade Commentary & Flag Bearer Announcement	Ms. Amrutha, Public Relations Officer
6	Introduction of Sports Contingents	Mr. William Joseph J, Sports Secretary, Asst. Prof., Dept of English
7	Vote of Thanks	Ms. Ashwini Joseph Jeyakanthan, Asst. Prof, Department of Criminology and Forensic Science

The annual Athletic Meet 2026 at St. Philomena's College brought together students from Arts, Commerce, and Science streams, fostering a spirit of competition. The event featured various athletic competitions where students showcased their talents, earning exciting cash prizes, trophies, and certificates.

The well-coordinated programme, enthusiastic participation, and inspiring leadership made the event a memorable milestone in the Oak Jubilee year of St. Philomena's College.

Report By

Dr. Vagdevi H S, Asst. Prof., Dept of Studies & Research in Journalism & Mass Communication

Dr. Yamuna B Raj, Asst. Prof, Dept of Studies & Research in Journalism & Mass Communication

St. Philomena's College, (Autonomous), Mysore-15
Duty Allotment for February 17, 2026 Annual Athletic Meet 2025-26

Officiating Members of the Meet

Chief Guest: Dr T RUTH SHANTHA KUMARI

Overall In-Charge – Ms Peria Nayagammal S – Director of Physical Education

Mr William Joseph J- Sports Secretary

Mr Muralidhara K A - Physical Education Lecturer

Director of the Meet: Dr Ravi J D Saldanha

JURY OF APPEAL

1. **Rev. Dr. Lourdu Prasad Joseph- CHIEF**
2. Rev. Fr. Gnana Pragasam -Deputy Chief – 1
3. Rev. Fr. David Sagayaraj- Deputy Chief-2
4. Dr. Ravi J D Saldanha
5. Mr. Ronald Prakash Cutinha
6. Dr. Noor Mubasheer C A
7. Dr. Reena Francis
8. Mr. A. Thomas Gunaseelan
9. Mr. Anand C
10. Ms. Lydiya Anjali A
11. Mr. Muralidhara K A

OVERALL DISCIPLINE:

1. Mr. R Britto Dominic Rayan
2. Dr. A T Sadebose
3. Dr. Praveen Saldanha
4. Ms. Juhie Singh P
5. Ms. Fathimunnisa Begum
6. Dr. Issac George

PRESS REPORT & DOCUMENTATION:

1. Dr. Vagdevi H S
2. Dr. Yamuna B Raj

JUDGES FOR MARCH- PAST

1. Mr. Sesuraj
2. Mr. Augustine
3. Mr. Muralidhara K A

JUDGES AT THE FINISH

1. **Mr. Mathew C – Chief**
2. Dr. Nandeesh H K
3. Ms. Shruthi G
4. Mr. Babu
5. Mr. Shamanth S
6. Mr. Praveen Kumar Harvi
7. Dr. Sachin C N
8. Mr. Vishal C P

TIME KEEPERS

1. **Mr. Eliezer Vishwas – Chief**
2. Dr. Ginson George
3. Dr. Sunil D'Souza
4. Dr. Sandesh D'souza
5. Mr. Johnson Arulraj
6. Mr. Greenmaldin D'Silva

STARTER - Mr. Sesu Raj

ANNOUNCERS

1. Mr. William Joseph – **Chief**
2. Dr. Deepa V
3. Dr. Sowmya P
4. Mr. Abraham D

LAP SCORERS:

1. **Mr. Arvind Kispotta – Chief**
2. Dr. Prashanth D A **Asst. Chief**
3. Ms. Syeda Farhana
4. Ms. Shruthi Menezes
5. Ms. Supritha R
6. Ms. Uzma Bathool
7. Ms. Neena P K
8. Ms. Shiny R
9. Ms. Harshitha M
10. Ms. Priyanka M K
11. Ms. Ayesha Siddiqa
12. Ms. Evelyn Christy M
13. Mr. Blesswin Joy B
14. Ms. Jenifer Priya M
15. Ms. Samyukta Madhav Joshi
16. Ms. Manasa E
17. Ms. Bi Bi Hajeera

JUDGES AT JUMPS

1. Dr. Shivaraju S – **Chief**
2. Mr. Vinay Kumar Hanjagi **Asst. Chief**
3. Dr. Chandan Nandihal S
4. Dr. Poornima A P
5. Mr. Ajay Anthony G
6. Ms. Chandana S (UG)
7. Ms. Deepthy M.J
8. Ms. Mary Sofia.I
9. Ms. Dorothy P
10. Ms. Vidya G
11. Ms. Meghana R
12. Ms. Hemashree H S
13. Ms. Arathy K R

18. Mr. Thouqeer Baig
19. Ms. Kavitha R
20. Ms. Amreen Kousar
21. Mr. Basavaraj V
22. Ms. Shakunthala M R
23. Ms. Reena Mol V U
24. Dr. Bharatha K
25. Ms. Shirley Cynthia Anthony
26. Ms. Abhirami Mohandas
27. Ms. Megha Pradeep
28. Ms. Anitha Samuel
29. Dr. Shyla B
30. Ms Chandana S (PG)
31. Ms Shruthi G
32. Ms. Dhanuja B
33. Dr. Shilpa N C
34. Dr. Emilee Surekha

14. Ms. Neethu C J
15. Ms Disha D
16. Ms. Lydiya Vandana
17. Ms. Yashaswini V
18. Ms. Princy A R
19. Dr. Varshini S
20. Dr. K Nandini
21. Dr. Ashwini K J
22. Mr. Hanock A
23. Ms. Reena Joyce G
24. Mr. Mahesh Nayaka M R
25. Dr. Sadia Tabassum
26. Dr. Divyashree N

ATTENDERS:

1. Mr. Edwin M
2. Mr. Alex Rodrigues
3. Mr. Francis Xavier. S
4. Mr. Anthony Arokia Gerald

JUDGES AT THROWS

1. **Dr. Prakash Arulappa – Chief**
2. **Dr. Robin K J-Asst. Chief**
3. Mr. Lenard P
4. Ms. Judith Victor
5. Ms. Subiya Kouser
6. Dr. S Shobana
7. Ms. Rashmi Vincia
8. Ms. Monica B
9. Ms. Mary Niveditha
10. Mr. Alvin George
11. Ms. Blessy George
12. Ms. Mary Irene J

ATTENDERS:

1. Mr. Francis Xavier. A (Botany)
2. Mr. Edward Britto J
3. Mr. Robert Kennedy A
4. Mr. Naveen Kumar N
5. Mr. Clinton

STAGE PROGRAMME

1. Dr. Deepa V
2. Ms. Arshiya Khanum
3. Ms. Priyanka Olivera
4. Ms. Rithu K

RECORD AND CERTIFICATE

1. Ms. Gloriya Priyadarshini – **Chief**
2. Ms. Archana A
3. Ms. Milagris Antonius
4. Ms. Syeda Masarath
5. Ms. Navya P

PRIZES/AWARDS/TROPHIES/SHIELDS CUSTODIAN

1. Ms. Arshiya Khanum- **Chief**
2. Ms. Harinakshi
3. Ms. Mirium Prescilla J
4. Ms. Naziya Habeeb

TREASURER

1. Ms. Venitha Lobo
2. Mr. Naveena S

13. Ms. Niranjana Vishwanath S

14. Ms. Anamika C Reji

15. Dr. Shiva Kumar A

16. Dr. Zabiulla

17. Dr. Divyashree N

18. Dr. Seema Siddiqi

19. Ms. Abisheka Mary

20. Ms. Harshitha M

21. Dr. R Manimozhi

22. Ms. Bindushree K

23. Ms. Harini S

24. Mr. Mohammed Maaz Pasha

CHEST NO. AND EQUIPMENT IN-CHARGE

1. **Ms. Mary Florence Anil - Chief**

2. Ms. Arokia Mary Suman

3. Ms. Jency E

4. Mr. Alvin Victor

5. Ms. Nishitha Moras D

6. Mr. Noel Gerard A

MEDIA/PHOTOGRAPHY

1. Dr. Venugopal Gowda M K
2. Mr. Raviraja Vadigeri
3. Mr. John Joseph

TECHNICAL IN-CHARGE

1. Mr. John Joseph
2. Mr. Rajesh N.B
3. Mr. Harry Martin

BANNER: Mr. Babu P

CERTIFICATE PRINTING: Mr. Pavan Preetham A

Receiving the Chief Guest: Mr. Eliezer Vishwas (NCC Students)

FOOD INCHARGE: Mothers Caterers

1. Mr. Rajesh Mascarenhas (Supervisor)

GUEST INCHARGE

1. Ms. Suhana Kulssum
2. Dr. Angelina Stanley
3. Mr. Arogya Mariappa

ANGELS IN-CHARGE:

1. Dr. Florita Bernadette Alexander
2. Ms. Pooja H.R

FLAGS, PLACARDS & SPORTS ITEMS DISTRIBUTION:

1. Mr. Robert Kennedy
2. Mr. Philomena Raj
3. Mr. Anandraj

FIELD MARKING

1. Mr. Philomena Raj
2. Mr. Basavaraj
3. Mr. Anandraj
4. Mr. Swamy Gowda
5. Mr. Pramod R
6. Mr. Nayagam
7. Mr. Manju Nayak

FIELD DOCTORS: St. Joseph's Hospital

Principal

Principal

St. Philomena's College (Autonomous)
Mysore - 570 015